

2013 NORTHERN REGION SWIM/DIVE MEET-updated 10/1/12

- Dates Tuesday, January 29, 2013, 5:30 PM – Boys' Diving
Wednesday, January 30, 2013, 5:30 PM – Girls' Diving
Thursday, January 31, 2013, 5:30 PM – Boys' Swimming Preliminaries
Friday, February 1, 2013, 5:30 PM – Girls' Swimming Preliminaries
Saturday, February 2, 2013, 5:30 PM – Swimming Finals (Both)
- Director(s) Patrick Full, DSA, Oakton HS (Phone 703-319-2763; Fax 703-319-2761)
Lori Barb, DSA, Lee HS (703-924-8352)
Grif Barhight, ADSA, Oakton HS (Phone 703-319-2872)
- Location Oak Marr Recreation Center
- Admission General Admission is \$7.00 and programs \$3.00 each night. VIAA, VHSL coaches passes, Northern Region Administrative and working press passes will be honored at the gate.
- Pre-Season Tuesday, October 9, 2012 @ Oakton HS, **Auditorium**, 6:00 PM (Followed by State Rules
Coaches Clinic for Diving Officials 7:00 PM)
Meetings
- Officials Meeting Tuesday, October 9, 2012 Dive Officials @ Oakton HS *Auditorium* 7:00 PM
OR
Tuesday, November 20, 2012 Swim/Dive Officials @ Oakton HS *Lecture Hall* 7:00 PM
- Rules 2012 – 2013 Edition, National Federation and the 2012-2013 VHSL Handbook
- Entries Due **Dive** sheets must be emailed to **BOTH** the dive meet director, Lori Barb at lori.barb@fcps.edu AND the dive referee, Jim Sweeder at jsweeder@verizon.net **NO LATER THAN Sunday January 27, 2013**. (details outlined on page 3 in the dive sheet section).
Swim and Dive entries must be emailed to **BOTH** the Meet Director, Pat Full at pat.full@fcps.edu and Eric Johnson at ejohnson@fcps.edu **NO LATER THAN 2:00 p.m. Monday January 28, 2013**. Coaches **MUST** use HyTek Team Manager to submit **ALL** entries, including relay names and diver names and scores. Late entries will only be accepted with the principals signature and will be assessed an automatic \$50.00 fine. Any entry time not achieved at the district competition will require a copy of the regular season verification at the scratch meeting on January 28, 2013.
- Scratch Meeting The scratch meeting will be held on Monday, January 28, 2013 6:30 PM at Oakton High School in room 174.
- Qualifying To The Region Meet
1. A swimmer must place in the top **six** places in the District Meet, or meet the Regional qualifying time at the District Meet or at any regular season meet by the Northern Region Scheduling Committee.
 2. Relay teams must place in the top **six** places in the District Meet or meet the Regional qualifying times at any regular season meet scheduled by the Northern Region Scheduling Committee.
 3. If a swimmer or relay team achieves a Northern Region Qualifying Standard and plans to use the faster time to change event(s) for regional entry, the coach must verify that time/score to the regional meet director at the scratch meeting on January 28, 2013, by submitting the score sheet from the regular season dual meet.
 4. A diver must place in the top **six** at the District Meet, meet the regional qualifying standard at the District meet, or score 200 points at a regular season dual meet.